



SESSIONS GRID

SUNDAY, SEPT. 10, 2023

Pre-Conference Sessions

(Pre-Registration Needed)

REGISTRATION & EXHIBITS			
8:00 AM – 4:00 PM ET	11:00 AM – 7:00 PM ET		12:00 PM – 4:00 PM ET
<p>PRE-CONFERENCE SESSION Just Add Water: The Environmental Impact of H2O in Our Communities</p> <p>ALL MEET IN LINCOLN WEST</p>	<p>Conference Registration</p> <p>ALL COLUMBIA HALL - TERRACE LEVEL</p>	<p>Exhibits</p> <p>ALL COLUMBIA HALL - TERRACE LEVEL</p>	<p>PRE-CONFERENCE SESSION Seeing Strengths Where Others See Challenges: Understanding Social-Emotional Development</p> <p>PRE-COLLEGE YOUTH MONROE - CONCOURSE LEVEL</p>

1:00 PM – 4:00 PM ET			
<p>PRE-CONFERENCE SESSION Risk Management 101</p> <p>ALL GUNSTON - TERRANCE LEVEL</p>	<p>PRE-CONFERENCE SESSION Preparing for the Student Support Services Competition</p> <p>ALL GEORGETOWN - CONCOURSE LEVEL</p>	<p>PRE-CONFERENCE SESSION Evaluation 101: Let COE Help You Demonstrate Program Effectiveness</p> <p>RESEARCH & EVALUATION STRAND</p> <p>ALL LINCOLN EAST - CONCOURSE LEVEL</p>	<p>PRE-CONFERENCE SESSION Made Not Born: Becoming the Next Generation of TRIO Directors</p> <p>ALL JEFFERSON EAST - CONCOURSE LEVEL</p>

SPECIAL EVENTS		
1:00 PM – 4:00 PM ET	4:00 PM – 5:00 PM ET	5:00 PM – 6:30 PM ET
<p>PRE-CONFERENCE SESSION FAFSA Changes Are Coming: Let's Get Ready</p> <p>ALL LINCOLN WEST - CONCOURSE LEVEL</p>	<p>Moderators Orientation (On-Site only)</p> <p>INVITATION ONLY JEFFERSON WEST - CONCOURSE LEVEL</p>	<p>Newcomers Reception (On-Site only)</p> <p>INVITATION ONLY HEIGHTS COURTYARD</p>

Opening Plenary Sessions

7:00 PM – 8:00 PM ET	8:15 PM – 9:30 PM ET
<p>OPENING SESSION Unveiling the Hidden Caste System in America: Its Impact on TRIO Students and Staff</p> <p>ALL INTERNATIONAL BALLROOM CENTER AND WEST - CONCOURSE LEVEL</p>	<p>CHAIR'S RECEPTION Celebrating the Life's Work of Maureen Hoyler</p> <p>ALL CRYSTAL BALLROOM - CONCOURSE LEVEL</p>

SESSIONS GRID

MONDAY, SEPT. 11, 2023

7:00 AM – 8:00 AM ET	7:45 AM – 8:45 AM ET	8:00 AM – 5:00 PM ET	8:00 AM – 5:00 PM ET
Wellness: Sunrise Yoga or Line Dancing (On-Site Only) 👤 ALL 📍 MEET IN LOBBY	STEAM Community of Practice Session 👤 ALL 📍 ALBRIGHT - TERRACE LEVEL	Registration 👤 ALL 📍 COLUMBIA HALL - TERRACE LEVEL	Exhibits 👤 ALL 📍 COLUMBIA HALL - TERRACE LEVEL

PLENARY SESSION

9:00 AM – 10:00 AM ET

The Value of Postsecondary Credentials for Low-Income, First-Generation, and Underrepresented Students
👤 ALL
📍 INTERNATIONAL BALLROOM - CONCOURSE LEVEL

10:15 AM – 11:30 AM ET • CONCURRENT SESSIONS

<p>1</p> <p>TRIO Gets Connected 👤 ALL 📍 GEORGETOWN WEST</p>	<p>2</p> <p>No Mo' FOMO: Get Your Students Involved in COE-Sponsored Opportunities 👤 ALL 📍 COATS</p>	<p>3</p> <p>Cultural Intelligence (CQ) Among Veterans: Utilizing CQ Tools in Serving Those Who Have Served 👤 VETERANS 📍 EMBASSY</p>	<p>4</p> <p>How to Make National TRIO Day 2024 Your Greatest One Yet! 👤 ALL 📍 INTERNATIONAL BALLROOM EAST</p>
<p>5</p> <p>#WhyCollege: How to Articulate the Value of College to be a Better Influencer 👤 PRE-COLLEGE YOUTH 📍 GUNSTON EAST</p>	<p>6</p> <p>Stories and Strategies to Support Immigrant College Students 👤 COLLEGE 📍 HOLMEAD</p>	<p>7</p> <p>What You Need to Know to Advise Students Applying to the U.S. Service Academies 👤 PRE-COLLEGE YOUTH 📍 ALBRIGHT</p>	<p>8</p> <p>Establishing TRIO in a HBCU Space 👤 COLLEGE 📍 KALORAMA</p>
<p>9</p> <p>Lessons Learned: Piloting Postsecondary Education in Jails 👤 EOC, SSS, VUB 📍 FAIRCHILD</p>	<p>10</p> <p>Focus on APIDA Students: What Can TRIO Do to Enhance Student Engagement and Belonging? RESEARCH & EVALUATION STRAND 👤 ALL 📍 GEORGETOWN EAST</p>	<p>11</p> <p>Leave Nothing Off the Table: Marketing Your Program and Recruiting Participants Post-COVID NEXT NORMAL STRAND 👤 EOC 📍 GUNSTON WEST</p>	<p>12</p> <p>A Better FAFSA Ahead: Preparing for the 2023-24 Updates 👤 ALL 📍 JEFFERSON EAST</p>
<p>13</p> <p>I Belong at the Table: Strategies for Surviving and Overcoming Imposter Syndrome MESH STRAND 👤 ALL 📍 JEFFERSON WEST</p>	<p>14</p> <p>Never Too Early: How Career Assessments Can Help Pre-Collegiate TRIO Students Succeed! CAREER PATHWAYS STRAND 👤 TS 📍 LINCOLN EAST</p>	<p>15</p> <p>Smarter, Not Harder: Hit the Ground Running with Your Program SMART START STRAND 👤 UB, UBMS, VUB 📍 LINCOLN WEST</p>	<p>16</p> <p>To Affinity and Beyond: Using Affinity Groups to Promote Student Success 👤 SSS 📍 MONROE</p>



SESSIONS GRID

MONDAY, SEPT. 11, 2023

PLENARY SESSION

11:45 AM – 1:15 PM ET

Family Achievement and Mason Awards - International Ballroom Center and West-Concourse Level

ALL
INTERNATIONAL BALLROOM CENTER AND WEST - CONCOURSE LEVEL

1:30 PM – 2:30 PM ET · HOT TOPIC SESSIONS

HT1

Fantastic Voyages: Tours That Level the Playing Field

ALL
GEORGETOWN WEST

HT2

OnTrack to Post-Secondary Education - A Free e-Learning Curriculum

ALL PRE-COLLEGE YOUTH
COATS

HT3

5 Habits Of Healthy Relationships

ALL
EMBASSY

HT4

What College Prep and Success Curriculum Are YOU Using?

COLLEGE
INTERNATIONAL BALLROOM EAST

HT5

Guarantee Your Students Get What They Deserve in Life: The Seven Essential Components

ALL
GUNSTON EAST

HT6

Pursuing Your Passion with Purpose

ALL
HOLMEAD

HT7

If We Educate Backwards and Forwards at the Same Time, Everyone in TRIO will be Someone

ALL
ALBRIGHT

HT8

4 Ways to Be More Inclusive As A Leader Through The Use of Emotional Intelligence

ALL
KALORAMA

HT9

From Low to WOW: Stop taking L's and Start Winning with Student Engagement

ALL
FAIRCHILD

HT10

empower by COE: Your APR Solution!

PRE-COLLEGE YOUTH
GEORGETOWN EAST

HT11

FirstGens@State: Driving First-generation College Student Success in the Federal Government

COLLEGE
GUNSTON WEST

HT12

High Impact, Low Effort Virtual Resources That Meet TRIO Required Services

COLLEGE
JEFFERSON EAST

HT13

Helping Our Partners Increase Students' Strategic Social Capital

COLLEGE
JEFFERSON WEST

HT14

Advancing Advisor Excellence: Unleashing Potential for Lasting Impact

ALL
LINCOLN EAST

HT15

Tutoring Works

ALL
LINCOLN WEST

HT16

Genius-Level Engagement: A Hip-Hop Improv for Motivating Students and Meeting Performance Objectives

ALL
MONROE

2:30 PM – 3:15 PM ET

College Fair & Cofee Break for Attendees (On-site Only) - Sponsored by Princeton

ALL
COLUMBIA HALL

3:15 PM – 3:45 PM ET

Exhibit Hall Walkthrough (On-site Only)

ALL
COLUMBIA HALL



3:45 PM – 5:00 PM ET • CONCURRENT SESSIONS

17

Saved by the Bell: Best Practices in Working with Your Local School System

👤 PRE-COLLEGE YOUTH
🏠 GEORGETOWN WEST

18

What You Can Do to Increase Students' Chances of Being Admitted To Competitive Colleges

👤 ALL
🏠 EMBASSY

19

Red Light Flashing: Recognizing Signs of Crisis

MESH STRAND
👤 ALL
🏠 INTERNATIONAL BALLROOM EAST

20

Everything is Negotiable: Focusing on College Net Price Instead of Sticker Price

👤 PRE-COLLEGE
🏠 HOLMEAD

21

Diverse-Abilities: The Role of TRIO in Supporting Adult Learners and Students who live with Disabilities

👤 ADULTS
🏠 ALBRIGHT

22

Thinking Outside the Box - Offering Creative Workshops

👤 TS
🏠 KALORAMA

23

Learning the Value of Cultural Wealth to Increase Student and Parent Engagement

👤 PRE-COLLEGE YOUTH
🏠 FAIRCHILD

24

And Then What? Why Career Exploration Is Necessary for Preparing McNair Scholars for Doctoral Study

RESEARCH & EVALUATION STRAND
👤 MCNAIR
🏠 GEORGETOWN EAST

25

Preparing Students for Global Engagement and Social Action

👤 ALL
🏠 GUNSTON WEST

26

The Importance of FAFSA Completion in Overcoming Barriers to Postsecondary Access and Achievement

👤 PRE-COLLEGE
🏠 JEFFERSON EAST

27

Find Your Inner Black Belt: Working with Difficult and Challenging People

MESH STRAND
👤 ALL
🏠 JEFFERSON WEST

28

Prepare Your College Students for Competitive Employment: Become a Career Opportunities Initiative Talent Sourcing Partner

CAREER PATHWAYS STRAND
👤 COLLEGE
🏠 LINCOLN EAST

29

Effectively Managing Your TRIO Budget

SMART START STRAND
👤 ALL
🏠 LINCOLN WEST

30

Building an Engaged Community: Partnering to Advance Your Institution's First-Generation Initiatives

👤 COLLEGE
🏠 MONROE

PLENARY SESSION

5:15 PM – 6:00 PM ET

6:30 PM ET

Update from the Council for Opportunity in Education

👤 ALL
🏠 INTERNATIONAL BALLROOM CENTER AND WEST - CONCOURSE LEVEL

Amazing TRIO Race
(Additional Registration Needed)

👤 ALL
🏠 MEET IN LOBBY



SESSIONS GRID

TUESDAY, SEPT. 12, 2023

7:00 AM – 8:00 AM ET

Wellness: Fun Run/Walk
(On-Site Only)

ALL
HOTEL LOBBY

7:45 AM – 8:45 AM ET

Research Community of
Practice Session

**RESEARCH & EVALUATION
STRAND**
ALL
ALBRIGHT - TERRACE LEVEL

8:00 AM – 5:00 PM ET

Registration

ALL
COLUMBIA HALL - TERRACE
LEVEL

7:45 AM – 8:45 AM ET

Exhibits

ALL
COLUMBIA HALL - TERRACE
LEVEL

8:00 AM – 8:45 AM ET

Exhibit Walkthrough (On-Site
Only)

ALL
COLUMBIA HALL - TERRACE
LEVEL

PLENARY SESSION

9:00 AM – 10:00 AM ET

Strengthening the Links
Between Postsecondary
Education and Economic
Mobility

ALL
INTERNATIONAL BALLROOM -
CONCOURSE LEVEL

10:15 AM - 11:30 AM ET · CONCURRENT SESSIONS

31

Learning While Hungry:
Food Insecurity on College
Campuses

COLLEGE
GEORGETOWN WEST

32

Mentoring First-Generation
Students Post-COVID: The
Prior Learning Connection

NEXT NORMAL STRAND
SSS
COATS

33

Strategies to Improve Program
Recruiting and Marketing in a
Post-COVID World

NEXT NORMAL STRAND
PRE-COLLEGE
EMBASSY

34

Digital Literacy for Adult
Learners

EOC, SSS, VUB
INTERNATIONAL BALLROOM EAST

35

Empowering Self-Efficacy:
Strategies for Access,
Community, and Support

UB/UBMS
GUNSTON EAST

36

Update for Veterans Upward
Bound Programs from the U.S.
Department of Education

VUB
HOLMEAD

37

Update for McNair Programs
from the U.S. Department of
Education

MCNAIR
ALBRIGHT

49

Needs and Concerns of
Military Veterans in Higher
Education: An Overview

SSS
KALORAMA

38

Creating Pathways from Prison to
Postsecondary Education:
How to Engage Incarcerated
Learners

EOC
FAIRCHILD

39

Restoring College Affordability

**RESEARCH & EVALUATION
STRAND**
ALL
GEORGETOWN EAST

40

Cancelled

41

What's In a Book Club?
Adventures in Learning and
Innovative Strategies for
TRIO Students

ALL
JEFFERSON EAST

42

Supporting the Wellness and
Development of LGBTQ+
Students

MESH STRAND
ALL
JEFFERSON WEST

43

Employer Leadership
Development Programs:
A Fast Track to Career
Advancement for Well-
Prepared Students

CAREER PATHWAYS STRAND
SSS
LINCOLN EAST

44

Recruiting Strategies
to Improve Participant
Engagement

SMART START STRAND
TS
LINCOLN WEST

45

Leveraging Existing Partner
Relationships for Program
Improvement

CAREER PATHWAYS STRAND
ALL
MONROE



11:45 AM – 1:00 PM ET

Lunch on Your Own

1:00 PM – 2:15 PM ET • CONCURRENT SESSIONS & COE ED TALKS

<p>ED1 College Opportunity Programs: Laying the Foundation for a Shared Future</p> <p>👤 ALL 🏠 GEORGETOWN WEST</p>	<p>46 Real World Financial Literacy for First-Generation Professionals and Their Students</p> <p>👤 ALL 🏠 COATS</p>	<p>ED2 Implications of Financial Wellness on College Access and Success</p> <p>RESEARCH & EVALUATION STRAND</p> <p>👤 ALL 🏠 EMBASSY</p>	<p>47 How Attacks on DEI Impact TRIO Programs – A Community Conversation</p> <p>NEXT NORMAL STRAND</p> <p>👤 ALL 🏠 INTERNATIONAL BALLROOM EAST</p>
<p>ED3 The A.I. Dilemma: Ethical Challenges and Smart Solutions</p> <p>👤 ALL 🏠 GUNSTON EAST</p>	<p>ED4 Using the Pell Indicators to Understand College Opportunity in Your State</p> <p>RESEARCH & EVALUATION STRAND</p> <p>👤 ALL 🏠 HOLMEAD</p>	<p>ED5 Navigating and Thriving Through the Transfer Process</p> <p>👤 ALL 🏠 KALORAMA</p>	<p>ED6 Emerging Forces Facing American Higher Education and the Opportunity for TRIO Leaders to Chart a Path Forward</p> <p>👤 ALL 🏠 FAIRCHILD</p>
<p>48 Behind the Scenes of Viola Davis's Memoir: Her Sisters Reflect</p> <p>👤 ALL 🏠 GEORGETOWN EAST</p>	<p>50 Powering the Federal TRIO Programs to Address the Pressing Need of Community Colleges</p> <p>👤 ALL 🏠 JEFFERSON EAST</p>	<p>ED7 TRIO Professionals as Frontline Staff: Resources for Supporting Staff Mental Well-Being</p> <p>NEXT NORMAL STRAND</p> <p>👤 ALL 🏠 LINCOLN EAST</p>	<p>ED8 READY SET PLAYER ONE - Level Up Your Interaction with Students and Staff</p> <p>👤 ALL 🏠 LINCOLN EAST</p>
<p>ED9 Encouraging Dialogue Between TRIO Students and Law Enforcement</p> <p>👤 ALL 🏠 LINCOLN WEST</p>	<p>ED10 Encouraging Dialogue Between TRIO Students and Law Enforcement</p> <p>👤 ALL 🏠 MONROE</p>		

PLENARY SESSION

2:30 PM – 3:30 PM ET

From TRIO to the Halls of Congress

👤 ALL
🏠 INTERNATIONAL BALLROOM CENTER AND WEST-CONCOURSE LEVEL



SESSIONS GRID

TUESDAY, SEPT. 12, 2023

3:45 PM – 5:00 PM ET • CONCURRENT SESSIONS

51

The Intersection of International Exchange and TRIO Goals: A Case Study

COLLEGE
 GEORGETOWN WEST

52

Smart Strategies for Financially Savvy Youth

PRE-COLLEGE YOUTH
 COATS

53

An Appreciative Advising Approach to Working with TRIO Students

SMART START STRAND
 COLLEGE
 EMBASSY

54

"Gate-Opening" not "Gate-Keeping": Supporting the Transition from Student to Professional

CAREER PATHWAYS STRAND
 ALL
 INTERNATIONAL BALLROOM EAST

55

A Historical Look at Veterans Upward Bound: How a Policy "Afterthought" Has Lasted More than 50 Years

VUB
 GUNSTON EAST

56

How the STEM PUSH Network Increases Access to STEM Fields for Underrepresented Students

UB/UBMS
 HOLMEAD

57

Boosting Math Confidence, Engagement and Performance

PRE-COLLEGE YOUTH
 ALBRIGHT

58

Giving Your Curriculum New Life

TS
 FAIRCHILD

59

Connecting TRIO Through Research: A Model for Increasing Partnerships and Programmatic/Institutional Capacity

RESEARCH & EVALUATION STRAND
 ALL
 GEORGETOWN EAST

60

Sharing Knowledge, Tools, and Insights for a Successful McNair Program

MCNAIR
 GUNSTON WEST

61

Expanding Capabilities with Microsoft 365 Features

ALL
 JEFFERSON EAST

62

The Most Anxious Generation: Understanding and Educating Generation Z

MESH STRAND
 ALL
 JEFFERSON WEST

63

Competitive Internships: The Key to Jump Starting First-Gen Professional Careers

CAREER PATHWAYS STRAND
 COLLEGE
 LINCOLN EAST

64

Preparing TRIO Students for Admission to Undergraduate and Graduate Programs at Selective Institutions

ALL
 LINCOLN WEST

65

Virtual Reality and Career Exploration: How VR Tools Can Boost Your Program

CAREER PATHWAYS STRAND
 ALL
 MONROE

5:15 PM – 6:15 PM ET • HOT TOPIC SESSIONS

HT17

empower by COE: Your APR Solution!

PRE-COLLEGE YOUTH
 GEORGETOWN WEST

HT18

Dollars & Sense: Financial FUN

ALL
 INTERNATIONAL BALLROOM EAST

HT19

Compass: The TRIO Online Data Management Solution

ALL
 ALBRIGHT

HT20

Global Opportunities for TRIO Programs: Culture, Travel, and Language

ALL
 KALORAMA



5:15 PM – 6:15 PM ET • HOT TOPIC SESSIONS

<p>HT21 Five Things They Forgot to Tell First-Generation College Students ALL FAIRCHILD</p>	<p>HT22 Bluemen Software - Serving TRIO for Over 30 Years ALL JEFFERSON EAST</p>	<p>HT23 Four Ways to Avoid Becoming a First-Generation BROKE Professional ALL JEFFERSON WEST</p>	<p>HT24 The Psychological Effects of Music on Youth Today ALL LINCOLN EAST</p>
--	---	---	---

<p>HT25 Find the Right Career or Major the First Time! ALL LINCOLN WEST</p>	<p>HT26 StudentAccess: The Leader in TRIO Software! ALL MONROE</p>
--	---

6:30 PM – 7:30 PM ET

Cash Bar Opens
ALL
TERRACE FOYER - TERRACE LEVEL

7:30 PM – 9:30 PM ET

TRIO Educational Opportunity Dinner and TRIO Achiever Awards
ALL
INTERNATIONAL BALLROOM CENTER AND WEST - CONCOURSE LEVEL

9:30 PM – 12:00 AM ET

Dance
ALL
INTERNATIONAL BALLROOM CENTER AND WEST - CONCOURSE LEVEL



SESSIONS GRID

WEDNESDAY, SEPT. 13, 2023

7:00 AM – 8:00 AM ET

Wellness: Martial Arts
Exercise (On-site Only)

👤 ALL
📍 HOTEL LOBBY

7:45 AM – 8:45 AM ET

International Access
Community of Practice
Session

👤 ALL
📍 EMBASSY - TERRACE LEVEL

8:00 AM – 12:00 PM ET

Information Booth

👤 ALL
📍 TERRACE FOYER - TERRACE
LEVEL

PLENARY SESSION

9:00 AM – 10:00 AM ET

Update from the U.S.
Department of Education

👤 ALL
📍 INTERNATIONAL BALLROOM
CENTER - CONCOURSE LEVEL

10:15 AM – 11:30 AM ET • U.S. DEPARTMENT OF EDUCATION BREAKOUT SESSIONS

66

Update for EOC Programs
from the U.S. Department of
Education

👤 EOC
📍 FAIRCHILD

67

Update for Talent Search
Programs from the U.S.
Department of Education

👤 TS
📍 GUNSTON

68

Update for Student Support
Services Programs from the
U.S. Department of Education

👤 SSS
📍 INTERNATIONAL BALLROOM
WEST

69

Update for Upward Bound and
Upward Bound Math-Science
Programs from the U.S.
Department of Education

👤 UB/UBMS
📍 INTERNATIONAL BALLROOM EAST

11:30 AM – 12:30 PM ET

Awards, Remarks from the
2022-2023 Board Chair, and
Installation of Officers

👤 ALL
📍 INTERNATIONAL BALLROOM -
CONCOURSE LEVEL

12:30 PM

Conference Concludes